
GUIDELINES FOR AUTHORS

INTERNATIONAL JOURNAL
OF RACKET SPORTS SCIENCE



Author Guidelines

International Journal of Racket Sports Science – IJRSS (<https://racketsportscience.org>) is a peer reviewed international journal in English. The Journal covers all areas of biomechanics, physiology, coaching and teaching, engineering and technology, ergonomics, medicine and racket sports injuries, notational analysis, nutrition, psychology, rehabilitation, youth development, and all other streams of science relevant to racket sports.

Published two times a year, the journal encourages the submission of national and international manuscripts from a wide range of academic and professional fields including higher education, student affairs, psychology, sociology, philosophy, physiology and education.

The journal audience includes college and university faculty, coaches, graduate students, and practitioners in racket sports; and others engaged in research and practice in racket sports.

All papers shall be reviewed by the journal's editorial panel (following a double blind, peer review process), which will consider quality, clarity, style and relevance of the work as regards the goals and purposes of the journal. The editorial board will make final decisions on publication.

Reviewers generally evaluate manuscripts on the basis of these criteria: relevance to the purpose of the journal, which is to help coaches in clubs, colleges and universities to make decisions or gain insight into ways of more effectively promoting racket sports; quality of scholarship; soundness of argument (not just description); clarity, conciseness, and readability; originality; and usefulness to coaches, college and university staff and faculty, higher education scholars, and others interested in the field of racket sports. Such manuscripts may include review manuscripts, reports of empirical research, and methodological manuscripts.

Papers may take the form of original papers and review articles.

- **Original papers:** Original contributions on a specific topic, with a minimum of 8 pages and a maximum of 20 pages and no more than 50 references. The manuscript shall have the following layout: introduction, abstract, keywords, materials and methodology, results, discussion and conclusions.
- **Review articles:** Based on a critical examination of the literature, analyzing the various approaches to a specific topic, with a minimum of 8 pages and a maximum of 25 pages and no more than 100 references.

Paper Guidelines

Three documents will be required:

1. **Title page file**
2. **Anonymous Manuscript**
3. **Full Manuscript**

Title page file

A Microsoft Word (.docx) file, containing the following information:

- **Title of paper**

It must be short and precise. It will be a single phrase without final point (period). No abbreviations or quotation marks to be used.

- **Name and surname of all authors, academic or professional title, and academic institution (Faculty, Department, Centre, etc.). City and country.**

The names of academic institutions should be provided in English.

It is recommended to provide the ORCID of all authors (<http://orcid.org/0000-0xxx-xxxx-xxxx>).

- **Corresponding author**

Name, postal and e-mail address and phone number of the author responsible for correspondence on the manuscript.

- **An abstract**

It must be a single paragraph with a maximum length of 300 words, containing all the basic and relevant information of the manuscript content.

- **3-5 keywords**

Descriptive terms of the paper presented will be used.

Note: This file will not be provided to reviewers.

Main Document Archive (Anonymous manuscript)

The document must be sent in Microsoft Word (.doc) or similar, double spaced, with an additional space between paragraphs and a 2 cm. margin throughout the page and the line numbers to make the review process more efficient (click [here](#) to get more information on line numbers on Word). The recommended font is Times New Roman 12. All papers must be written in English.

Main body:

An abstract

It must be a single paragraph with a maximum length of 300 words, containing all the basic and relevant information of the manuscript content.

3-5 keywords

Descriptive terms of the paper presented will be used.

Introduction

Should be comprehensible to the general reader; give a clear statement of the purpose of the paper and provide relevant context to support the basis for the paper and the significance of the work; do not exhaustively review the literature.

Material and methods

In the Material & Methods section, give a clear description of the study and how it was carried out; specifically describe the procedures and materials used, so the study can be replicated; the subsections, with brief content descriptions, in order, are:

- Participants: describe the sample (how many participants, how they were recruited) and its characteristics.
- Design & Procedures: explain how the experiment was done and if the approval of a local ethics committee was required.
- Analysis: describe the analyses applied to the data. It is helpful if you arrange this section to be coherent with the hypotheses or goals.

Results

Results should be presented precisely and should not contain material that is appropriate in the discussion; units, quantities, and formulas should be expressed

according to the International System (SI units); all measurements should be given in metric units.

- **Tables:** The title must appear at the top of the table, and notes must be included at the bottom. Tables should be part of the text.
- **Figures:** The title must appear at the bottom of the figures, and notes must be included just below the title. Figures should be also part of the text.

Discussion

Emphasize the new and important aspects derived from the study, comparing with previous studies and results.

Conclusions

They should reflect the most relevant aspects of the results obtained with the study presented.

References

All references must be in alphabetical order, by first author, numbered and in **APA style** at the end of the article.

Acknowledgements, fundings or conflicts of interests

In case it applies.

Full Manuscript

The full document with the authors details as described above.

Submissions

You must submit your documents through the form in the following link:

<https://racketsportscience.org/submissions>